

FREE It Takes A Village PARENTING CLASSES

Course Requisites:

- Enrollment
- Family Time Interactions
- 4 Online Classes
- Question-Answer Zoom
- Receive a VISA GIFT CARD

For more information
or to enroll, call or email:

Families and Communities Together (FACT)
620-947-3184 (opt 5)
fact@usd410.net



“GROWING FAMILY CONNECTIONS” **FREE** VIRTUAL PARENTING CLASSES

Families and Communities Together, Inc. (FACT) and *It Takes a Village* Early Childhood Collaborative (ITAV) is offering Conscious Discipline© Curriculum for parents of children ages 0-5. Parents who attend all sessions and complete the course will receive a **Stipend VISA Card**

PRE-REGISTRATION REQUIRED -- Contact: TERRY BEBERMEYER

Email: fact@usd410.net Phone: (620) 947-3184 (opt 5)

Enrollment Deadline: December 18th

SESSION 1 -- Instructor: Lesli Beery

(open on YouTube January 20th)

- *Composure*—Methods to handle the fussing & fits
- *Assertiveness*—Setting limits respectfully

SESSION 2 -- Instructor: Lesli Beery

(open on YouTube January 27th)

- *Encouragement*—Noticing, accepting, and connecting with children
- *Choices*—Building self-esteem and willpower

SESSION 3 -- Instructor: Amy Sterk

(open on YouTube February 3rd)

- *Empathy*—Teaching children to manage their emotions
- *Positive Intent*—Creating teaching moments

SESSION 4 -- Instructor: Amy Sterk

(open on YouTube February 10th)

- *Consequences*—Helping children learn from their mistakes



Funding for this class is provided by
Kansas Children's Cabinet & Trust
Fund and KDHE

CLASS WRAP-UP QUESTION-ANSWER ZOOM MEETINGS

(Choose one to attend)

Thursday, February 20th 6:30-7:30 P.M.

Saturday, February 22nd 10:00-11:00 A.M.